

Jump up and down ten times	Sing Baa, Baa, Black Sheep
Raise your eyebrows five times	Sing Humpty Dumpty
Touch your toes	CLOSE YOUR EYES AND TOUCH YOUR NOSE
Sing Baby Shark and do the action to this song	Lift your right knee as high as you can
Sing Twinkle, Twinkle Little Star	Sing Hickory Dickory Dock
Make yourself as tall as you can	Hop five times on one foot
Touch your nose with your tongue	Balance on one leg and count to 5